

MENU

RARE GRILL
kenilworth



STARTERS

Baby Calamari Chilli, garlic & lime	R108	Roasted Marrow Bones With red onion marmalade	R85
Mussels Cream, white wine & garlic	R98	Camembert Crumbed & deep fried	R115
Chicken Livers Red wine, garlic & chilli	R92	Chicken Wings Classic sticky BBQ	R95

STEAKS

All our steaks are AAA Grade South African grain-fed beef that have been wet aged for 28 days. They have been selected with love and care by our butchers to ensure the best experience.

300g Sirloin	R220
300g Rump	R220
500g Rump	R315
200g Fillet	R235
300g Fillet	R320
300g Rib-eye	R300

The Rare Grill Platter **R1200**
*Experience all four of our steaks on one platter.
Served with sides and sauces.*

MAINS

Pork Belly 12hr roast served with a mustard cream	R198
Baby Calamari Chilli, garlic & lime	R225
Peri Peri Chicken Deboned half bird in a cream peri peri <i>*Please allow for 25 min cooking time</i>	R175
Vegetable Ragout Served on a bed of sweet potato mash	R175
Rare Grill Burger Cheddar & caramelised onions	R150
Prawns Prawn tails sauteed in chilli, garlic & lime	R240

SALADS

Garden Parmesan & dressing	R75
Greek Danish feta & olives	R98

SIDES & SAUCES

SIDES Veg, Chips, Onion Rings, Salad	R40
SAUCES Bearnaise, Peppercorn, Mushroom, Mustard, Garlic Butter, Café de Paris	R40

DESSERTS

Ice Cream & Hot Chocolate Sauce	R68
Malva Pudding	R72
Crème Brûlée	R76



WINE LIST

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HOUSE WINE

The Wolftrap White R55 R165

This white blend has rich aromatic flavours of almonds, apple blossom and spice. Medium bodied and generously textured with judicious use of oak.

The Wolftrap Red R55 R165

The palate is smooth with further fruitiness present, expressed as cherries and wild strawberries. A light Rhone style blend.

WHITE WINES

Porcupine Ridge Sauvignon Blanc R62 R186

The wine is refreshing, crisp, focused and lingers with a lemony aftertaste and hints of angelica, nettles and green figs.

Creation Sauvignon Blanc R300

Minerality Rules! Alluring aromas of elderflower, papaya, cassis, passion fruit and kumquat. On the palate clean minerality rules.

Constantia Glen Sauvignon Blanc R115 R340

The combined expression of ripe fruit notes and mineral characters results in a beautifully balanced palate.

DeMorgenzon DMZ Chenin Blanc R260

The vintage promises a vibrant stone fruit profile, with notes of citrus, green apple and hints of tropical fruit.

Villiera Chenin Blanc R210

Abundant fruit with a hint of wood spice on the nose, including pineapple, guava and citrus. On the palate it is rich with a hint of freshness.

David Finlayson Chardonnay R285

A floral note of wild, white flowers such as frangipani and almond blossom is obvious on the front of the nose and follows through the palate.

FAT bastard Chardonnay R210

Expressive tropical fruit aromas intermingle with rich buttery notes and undertones of vanilla.

BLUSH WINES

Warwick The First Lady Rosé R75 R225

A mix of florals, raspberries, strawberries and cream. To make sure this little number looks as classy as it tastes, skin contact is kept as brief as possible.

BUBBLES

Miss Molly Cap Classique R295

Enjoy fruity fresh citrus notes complimented by pineapple, further accented by yeasty undertones.

RED WINES

Porcupine Ridge Cabernet Sauvignon R62 R186

Blueberry and blackberry character of the nose follows through onto a well rounded mid-palate.

Glenelly Glass Collection Cabernet Sauvignon R298

Black and red fruit and very pure, with blackcurrant Pastille fruit, tangy acidity and the fine tannins.

Glen Carlou Gravel Quarry Cabernet Sauvignon R285 R850

Beautifully pure black and red fruit, lovely freshness, with fine-grained and densely packed tannins.

DeMorgenzon DMZ Syrah R265

The palate displays dark fruit flavours, revealing white pepper, cinnamon, clove and vanilla spice.

Allesverloren Shiraz R320

A rich and full-bodied wine with a good tannin structure and ample ripe fruit flavours.

Rustenberg Stellenbosch Merlot R260

A smooth palate that is both balanced and well rounded with fine grained tannins.

La Bri Merlot R115 R340

A juicy soft, fresh yummy dark chocolate palate with integrated tannins, structured acidity and a long finish.

FAT bastard Pinotage R275

Well integrated oak and shaped tannins perform beautifully within the wines supple, medium bodied wine.

Beyerskloof Pinotage Reserve R130 R380

Lovely black fruit flavours upon entry with delicate cedar oak aromas from Barrel maturation. A wine with excellent balance.

Cap Maritime Coastal Pinot Noir R300

The wine is light to medium in body with a fresh, vibrant mid-palate and fleshy, yet velvety, texture.

RED BLENDS

Alto Rouge R240

The palate is muscular with streamlined, supple tannins and a lengthy finish.

Beyerskloof Traildust R125 R370

Smells of black wine gums, and black cherries. Tastes like blueberries, black forest cake and baking spices.

Seriously Old Dirt by Vilafonté R160 R480

Deliciously plush, the palate develops with an abundance of fruit flavours and finishes with spicy nuance.

The Chocolate Block R175 R520

Expresses abundant floral perfume supported by cedar, redcurrant, black pepper, coriander and suggestions of Turkish Delight.

Constantia Glen THREE R250 R750

A classic Constantia blend of the three most revered Bordeaux varieties – Merlot, Cabernet Sauvignon and Cabernet Franc.